



Skillbuilder

Impact & Influence

Build your confidence, credibility and influence where it matters most.

OVERVIEW

Influence isn't about hierarchy or personality. It's about understanding how you show up, building trust and adapting your approach to create meaningful impact.

Whether you're leading a team, influencing stakeholders or collaborating across functions, this Skillbuilder helps you become more intentional in how you communicate, build relationships and achieve results.

Through a blend of psychometric insight, one to one coaching, digital learning and facilitated workshops, you'll develop the confidence and practical skills to influence with authenticity and impact.



ROFFEY PARK
INSTITUTE

BENEFITS FOR YOU

You will learn to

- Understand your natural influencing style and strengths
- Build credibility and stronger working relationships
- Use power positively to enable others
- Adapt your approach to different people and situations
- Strengthen your negotiation and influencing skills
- Apply practical techniques immediately in the workplace.

BENEFITS FOR YOUR ORGANISATION

- Build stronger collaborative relationships
- Influence effectively across teams and stakeholders
- Empower others to contribute and perform
- Apply practical influencing techniques in everyday work
- Create more productive workplace conversations.

Choose your learning pathway

We know that learning needs to fit around busy working lives. That's why you can choose the complete Skillbuilder or focus on the module that's most relevant to your development.

Complete Skillbuilder | £1,295

A comprehensive development journey including:

- **Interpersonal Growth Indicator (IGI) psychometric**
Complete your psychometric to understand the relationship habits that shape how you work with others.
- **One-to-one coaching session**
Meet with a Roffey Park coach to explore your profile, identify development priorities and prepare for your learning journey.
- **Module 1 - Power & Empowerment (details below)**
- **Module 2 - Influence & Negotiation (details below)**

Individual Modules | £495 each

Each module is available as a standalone learning experience:

Module 1- Power & Empowerment

Explore how power operates in organisations, challenge common assumptions and learn how to use power positively to empower yourself and others.

Includes:

- Interactive e-learning
- Half-day facilitated workshop

OR

Module 2- Influence & Negotiation

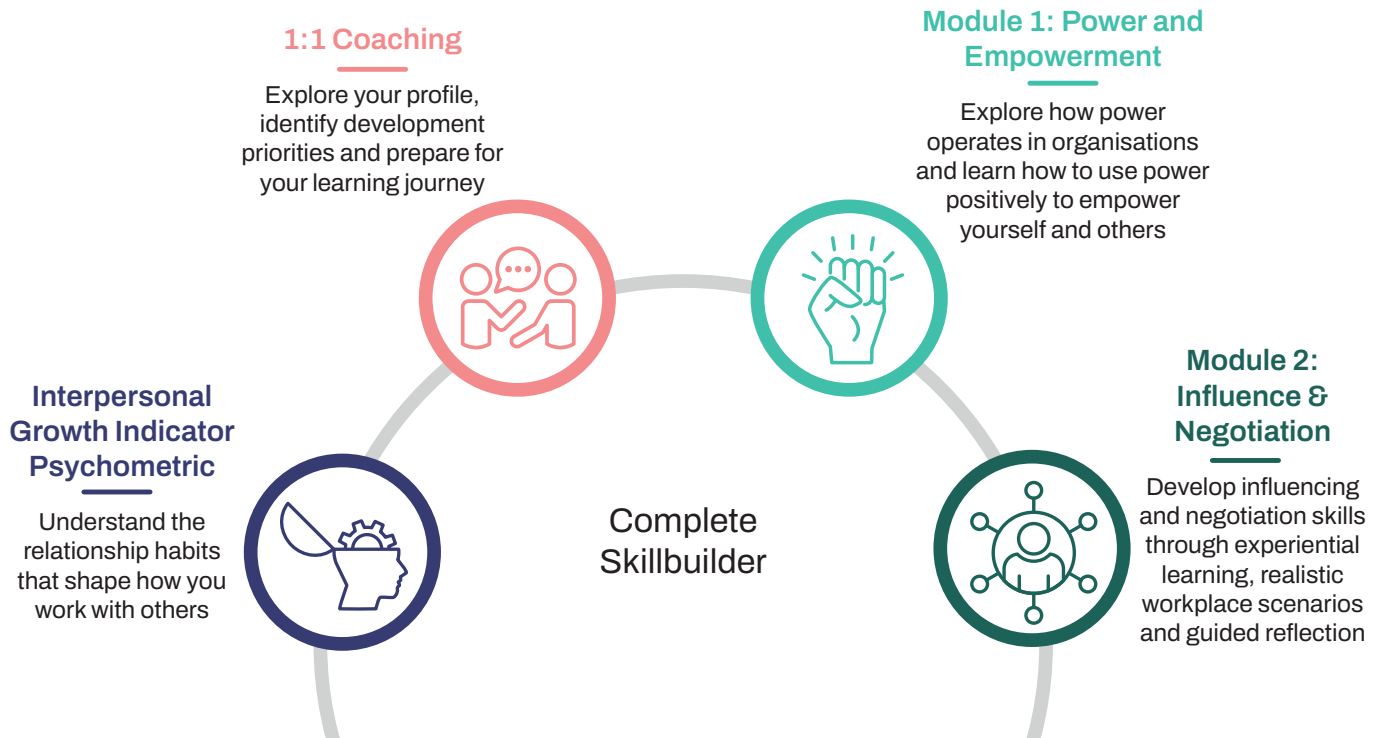
Develop practical influencing and negotiation skills through experiential learning, realistic workplace scenarios and guided reflection.

Includes

- Interactive e-learning
- Half-day facilitated workshop

Choose the module that best meets your current development needs, or complete the full Skillbuilder for the complete learning experience.

Your learning journey



At a glance

Complete Skillbuilder



IGI PSYCHOMETRIC, 1:1 COACHING, TWO E-LEARNING MODULES AND TWO HALF-DAY WORKSHOPS



£1,295 PER PERSON

Individual Modules



ONE E-LEARNING MODULE PLUS ONE HALF-DAY WORKSHOP



£495 PER PERSON PER MODULE